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ONE MIND Updates



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Welcome to the fourth edition of the One Mind Newsletter! This newsletter covers topics related to the One Mind Campaign. To see previous newsletter editions, visit the [One Mind Training and Technical Assistance Initiative webpage](#).

Recently Pledged Agencies

- Atlantic City Police Department, NJ
- Cheswold Police Department, DE
- Muskegon Police Department, MI
- North Shore Community College Police



Department, MA

Recently Completed Agencies

- Lansing Police Department, MI
- Georgetown Police Department, TX
- Muskegon Police Department, MI
- Olathe Police Department, KS
- Pine Knoll Shores Police Department, NC
- Randolph Police Department, MA
- Walpole Police Department, MA
- Whitpain Township Police Department, PA

Upcoming IACP Events

March 3-5, 2023

Officer Safety and Wellness Symposium

Anaheim, California

May 22-24, 2023

IACP Technology Conference

Salt Lake City, Utah

August 9-11, 2023

IACP Impaired Driving and Traffic Safety Conference

Anaheim, California

October 14-17, 2023

IACP 2023

San Diego, California, USA

The One Mind Campaign seeks to ensure successful interactions between law enforcement and persons with mental health conditions and intellectual/developmental disabilities. The agencies that demonstrate a serious commitment to implementing all four required strategies in a timely fashion will become publicly recognized members of the One Mind Campaign.

[Take the Pledge](#)

One Mind Updates

One Mind Questionnaire

The IACP is currently collecting feedback from One Mind Sites that have taken the **One Mind Campaign pledge**. Your responses will be confidential and only be shared internally with the IACP's project team.

If you haven't completed the pledge, help the IACP understand any difficulties you encountered when implementing strategies or pledge requirements. The questionnaire takes approximately six minutes to complete and is targeted to your agency's point of contact or individual with knowledge about your agency's One Mind Campaign pledge.

If you have completed the pledge, please let the IACP know using an abbreviated version of the questionnaire.

Take the One Mind Questionnaire

Are you still trying to complete the pledge? The IACP can help!

The **One Mind Training and Technical Assistance (TTA) Initiative** is a national program that expands the IACP's One Mind Campaign. It includes tools, resources, and technical assistance to promote partnerships between law enforcement and mental health organizations and provides assistance to enhance law enforcement response to individuals with mental health conditions or intellectual and developmental disabilities. As part of the initiative, the IACP has a free online library of resources with trainings, webinars, podcasts, and resources for law enforcement responding to individuals with mental health conditions or intellectual and developmental disabilities. The IACP can also connect agencies with subject matter experts to provide guidance on best practices and tailored solutions. For more information on the One Mind TTA Initiative, **visit the webpage** or contact **onemindcampaign@theIACP.org**.

Mental Health Learning Site Spotlight: Arlington Police Department, Massachusetts

The **Arlington Police Department** (MA) features a co-response program that utilizes community partnerships to facilitate cross-sector case management and benefits from a comprehensive data system for their specialized clinicians. The department also has targeted initiatives, which include a jail diversion program, a hoarding response team, an elder abuse prevention task force, and the Arlington Opiate Outreach Initiative. The co-response program and the targeted initiatives are headed by a mental health clinician embedded in the police department. The agency also provides multi-modality training, which includes instruction in Mental Health First Aid, trauma-informed care, youth and brain development, context-specific crisis management and intervention techniques, signs and symptoms of mental health conditions and overdoses, suicide risk and prevention, and more.

The Arlington Police Department is happy to provide consultation about how to meet your community's needs. Please reach out to Julia Kessler at **jkessler@csg.org** for more information on contacting the Arlington Police Department.

Training for Police-Mental Health Collaboration Programs

Specialized and comprehensive training for officers who respond to incidents involving persons with mental health conditions is an essential element of Police-Mental Health Collaboration (PMHC) programs. The **Training for Police-Mental Health Collaboration Programs** resource section of the PMHC toolkit provides an overview of the necessary training for officers to manage encounters safely and effectively with people with mental health conditions. With sections on types of training, timeframes for training officers, and suggested curricula to use, the toolkit provides many resources for a comprehensive mental health training program.

The toolkit also features a **self-assessment tool** to assist your agency in evaluating its collaborative efforts to generate an action plan.

One Mind Site Spotlight: Coatesville Area School District Police Department

Established in the early 1990s, the Coatesville Area School District Police Department (CASDPD) in Thorndale, Pennsylvania, has never been a traditional police agency. Officers patrol the Coatesville area schools, and they primarily interact with youth. CASDPD officers are also part of the school-based crisis team, where officers help school administrators and teachers address the mental health needs of students, staff, and the community during and after a crisis.

The goal of Chief Frank Galbraith is for CASDPD officers to be a resource that students and staff can rely on when they need help. In June 2019, Chief Galbraith discovered the One Mind Campaign and believed it to be a fantastic opportunity for his department to support that goal. Chief Galbraith had previously served on the Chester County Crisis Intervention Team and understood the importance of his officers receiving specialized mental health training. He wanted his department to embrace the broader wellness culture and be better equipped to support students in need. This was especially important as he recognized the rise in students with mental health and trauma-related conditions and the challenges for students and staff due to COVID-19. Completing the One Mind Campaign has enhanced community trust in the department and the school district. Parents can feel safe sending their children to school knowing that well-trained police officers protect them.

For a school district police department, the pledge has served as a message to the community that the officers are there to promote safety, serve as a liaison with outside agencies, be an educator, and connect students with services. For example, CASDPD has recently partnered with the Chester County Juvenile Probation Department to implement the Coatesville Area School District Crossroad 2 Success Program. This program will focus on diverting students from the juvenile justice system into services and activities that teach positive skills that will help them succeed in the community.

Chief Galbraith believes the One Mind pledge has directly impacted the lives of the students, their families, and school staff. The officers have successfully provided services for students and their families to which they might not have had access before. The number of arrests and citations issued to students has significantly decreased since CASDPD took the pledge, meaning students who might otherwise be in court or suspended get to stay in school. Chief Galbraith encourages any police agency that employs School Resource Officers or any school district with a police department to complete the **One Mind Campaign pledge**.

IACP Officer Health and Wellness Resources

The stressors that law enforcement officers face can seriously affect their overall health and wellness. Supporting officers' mental health is essential for the well-being of their agencies, families, and communities. The following resources provide guidance on how to protect your and your colleagues' mental health.

Resilience Strategies for Your Role: This series of resources is designed to support agencies and departments to address officer mental health and wellness concerns through unique and practical resilience strategies customized to roles within the field of public safety.

When Stress Builds Up: Strategies to Overcome Cumulative Stress and Burnout – Guidance for Law Enforcement Officers: This two-page resource provides information on how to tell if stress is accumulating and tips on overcoming stress and burnout.

Mindfulness Toolkit for Law Enforcement: This toolkit is equipped with accessible and convenient meditation practices and tips for law enforcement officers, non-sworn employees, and family members to help cultivate skills for stress management, situational awareness, interpersonal relations, mind-state regulation, and increased focus.

You can find other officer health and wellness resources on [the IACP website](#) or by emailing OSW@theIACP.org.

New Resource

The Council of State Governments (CSG) Justice Center and the U.S. Department of Justice's Office of Justice Programs' Bureau of Justice Assistance (BJA) recently launched their **Justice and Mental Health Collaboration Program (JMHC) webpage**. This program supports criminal justice and behavioral health systems across the country as they work to safely divert people from the justice system and increase access to mental health treatment, innovative crisis services, housing supports, and more. The webpage promotes JMHC's free, tailored assistance to communities in many issue areas, such as co-occurring substance use, crisis systems, mental health, law enforcement, and housing. **Check out the new webpage.**

New Opportunity

New Grant: The Kevin and Avonte Program: Reducing Injury and Death of Missing Individuals with Dementia and Developmental Disabilities

The Bureau of Justice Assistance (BJA) recently launched the **Kevin and Avonte Program grant application**. This grant will provide funding for agencies that want to reduce the number of deaths and injuries of individuals with forms of dementia, such as Alzheimer's disease, or developmental disabilities, such as autism, who, due to their condition, wander from safe environments. This program provides funding to law enforcement agencies to implement locative technologies that track missing individuals, and it provides funding to agencies and partnering nonprofit organizations to develop or operate programs to prevent wandering, increase vulnerable individuals' safety, and facilitate resources.

The application deadline is **March 27, 2023, at 8:59 PM ET. Learn more about this grant.**

For more resources on mental health and policing, including factsheets, podcasts, webinars, and more, visit the IACP's One Mind Campaign Library of Resources here!



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