



Women's Leadership Institute

February 3 – 7, 2025
Alexandria, Virginia

AGENDA

Monday

8:00 am – 8:30 am	Welcome and Opening Remarks
8:30 am -9:00 am	Introduction and Naming Your Teams
9:15 am – 10: 30 am	Learning Leadership
10:30 am – 10:45 am	BREAK
10:45 am – 12:00 pm	Leading High Performing Individuals <i>Harnessing the Power of Individual Differences</i> (includes short break)
12:00 pm - 1:00 pm	LUNCH (on your own)
1:00 pm – 2:30 pm	Harnessing the Power of Individual Differences: Application Exercise (cont.)
2:30 pm - 2:15 pm	BREAK
2:15 pm – 4:30 pm	Leading Change (includes short break)

Tuesday

8:00 am – 8:30 am	Networking Breakfast
8:30 am – 10:00 am	Understanding Followership (includes short break)
10:00 am – 10:15 am	BREAK
10:15 am – 12:30 pm Networking Breakfast	Motivation (includes short break)

12:30 pm – 1:30 pm

3:45 pm – 4:30 pm **LUNCH (ON YOUR OWN)**

1:30 pm – 3:45pm

Leading High Performing Teams

Working on Change Project

Wednesday

8:00 am – 8:30 am

Networking Breakfast

8:45 am – 10:00 am

Emotional Intelligence

10:00 am-10:15 am

BREAK

10:15 am – 12:00 pm

Leading High Performing Organizations

Leading Ethical Organizations (includes short break)

12:00 pm – 1:00 pm

LUNCH (on your own)

1:00 pm – 2:30 pm

Balancing Your Financial Future

2:30 pm – 2:45 pm

BREAK

2:45 pm – 4:30 pm

Working on Change Project

Thursday

8:00 am – 8:30 am

Breakfast

8:30 am – 9:45 am

The Art and Science of Effective Communications

Effective Communications and Counseling

9:45 am – 10:00am

11:15 am – 11:30am

10:00 am – 11:15pm

The Art and Science of Effective Communications

11:30 am- 12:15 pm

Crucial

12:15 pm – 1:15 pm

Conversations

1:15 pm – 2:00 pm **BREAK**

BREAK

Leadership and Wellness

LUNCH (Provided)

Leadership and Wellness (Cont.)

2:00 pm – 2:15 pm

Getting to the Corner Office and Strategic Planning for Your Career

2:15 pm - 3:15 pm

Leading Change Project Presentation

2:15 pm - 5:00 pm

BREAK

Friday

7:45 am – 8:15 am

Networking Breakfast

8:15 am – 9:15 am

Leadership Panel

9:15 am – 11:15 pm

Mentoring Session

11:15 am – 11:45 am

Graduation